

VRN Holds First Trauma Informed Partnership Conference

In November we welcomed practitioners and academics from across the UK to share new research insights and knowledge on Trauma Informed Practice at the very first Trauma Informed Partnership Conference for Leicester, Leicestershire and Rutland.

The conference, held at The Grand Hotel in Leicester city centre, attracted more than 130 delegates eager to enhance

their understanding of the potential impacts traumatic experiences can have and how their approaches and interactions can help prevent or mitigate them.



Following a warm welcome from Jane Moore (Director of Children and Family Services, Leicestershire County Council), the day began with keynote speakers [Dr Pooky Knightsmith](#) (Research and Development Director at Creative Education and former Chair of the Children and Young People’s Mental Health Coalition), [Professor Luna Dolezal](#) (Professor at Exeter University and Principal Investigator on the Shame and Medicine Project) and Literati Arts Founder, [Ty’rone Haughton](#).

Attendees then heard from a range of specialists from the YMCA, Health Services, Barnardo’s, VRU colleagues, Universities, and local organisations with 10 different workshop sessions taking place throughout the day covering:

- The Impact of Traumatic Childbirth
- Team Formulation – Six Hat Thinking
- Using CBT Techniques to Enhance Wellbeing
- Building Reflection, Empathy, and Connection with LEGO® Serious Play®
- An Introduction to Restorative Practice and a Practical Tool to Get Started
- Nourish to Flourish: Regulation through the Senses
- Supervision as a Reflective Space
- Applying the Power of Communication
- Resilient Communities: The Bounce Back
- Introduction to Shame



As part of our ongoing commitment to knowledge sharing there are downloadable slides from each of the keynote speakers as well as all workshop sessions from the day available via the VRN website.

[Find out more](#)

High Sheriff Visits the Violence Reduction Network

In September the VRN central team welcomed a visit from the High Sheriff of Leicester Henrietta Chubb. Hosted at Fearon Hall Community Centre in Loughborough, the High Sheriff spent the day learning more about the VRN, our approach and the fantastic work being done in partnership across Leicester, Leicestershire and Rutland.

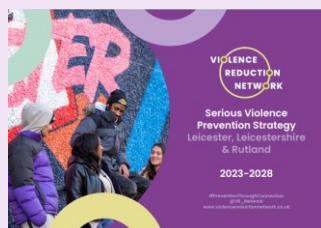


The VRN team were joined by Ayesha and Emily from [The Reach Programme](#), an intensive six-month mentoring programme aimed at preventing school exclusions. Working closely with and in schools across LLR, at risk young people are allocated a youth worker who offers a tailored package of support. The High Sheriff also heard from Sav Vaid a recent graduate of the [Community Leadership Programme](#) and founder of [Go Getta CIC](#). Go Getta specialise in engaging with young people often considered hard-to-reach, offering them support and helping them to integrate with their peers and wider community. Not forgetting they were recently awarded 'Community Group of the Year' at the BBC Make a Difference Awards!

Co-Production Events

Over the past couple of months the VRN has coordinated a series of co-production events, bringing together core partners including the police, probation, youth justice, local authorities, health, and community safety partnerships. The aim of these events was to provide partners with an opportunity to inform the VRN's new violence prevention strategy and to further develop the partnership in readiness for the Serious Violence Duty.

In two of the co-production events, representatives from the education sector and local prisons shared insights about what they do to prevent violence and address risk factors, along with highlighting the key challenges and opportunities for strengthening their response. In the third co-production event, local partners shared their views on the strategic priorities and key areas of focus that should feature in the partnership's new serious violence prevention strategy. Insights and suggestions from all of the co-production events have been pulled together, analysed, and used to inform a draft of the strategy. This is now being reviewed by the VRN partnership and will soon be available on the VRN website.



Intercultural Event 2023



In September the VRN took part in this year's Inter-Cultural event held at Force Headquarters. Launched in 1993 but having been on pause since the Covid pandemic, the Intercultural Event showcases the work being undertaken across the force with a host of stands featuring Police Cadets, Crimestoppers, Faith support networks, the Diversity and Inclusion Unit, Cybercrime and more.

There were also special talks from the Dog Unit and Tactical Firearms Team with the day culminating in Hindu dancing, awards and fantastic food. It was a great event and a wonderful opportunity to connect with our police colleagues, community partners and wider partners across LLR.

An Update from the Community Oversight Group

The Community Oversight Group have continued to regularly meet over the last quarter to directly influence, shape and scrutinise the VRN's interventions and projects. Areas covered this quarter include:

- Considered how to improve relationships between police and participants on The Phoenix Programme.
- Reviewed the Trauma Informed Partnership Community Framework to ensure suitability.
- The useability of the Sports Dashboard for providers in the community.
- How we can strengthen the reach of the Community Safety Survey.



The next meeting is scheduled for January when we'll share more updates in the next VRN quarterly newsletter.

[Find out more](#)

The Annual Community Safety Survey is Now Live

We invite you to share your views on crime and anti-social behaviour in your local area by completing this year's Community Safety Survey.

This survey has been created in partnership with Community Safety Partnerships across Leicester, Leicestershire and Rutland. The data collected through the survey will be used to produce a short findings report which will be shared with Community Safety Partnerships and key agencies (such as the police) to inform their work.

The survey is open to LLR residents over 16 years old and will run until December 17th 2023.

[Find out more](#)

Trauma Informed Partnership Webpages Launch

The Trauma Informed Partnership (TIP) has a whole new home on the VRN website.

Curated by our LLR Trauma Informed Lead, Laura Summers, with support from the Partnership, all new content includes information on the Partnerships Strategy, Self-Assessment Framework, Network Meetings, Training and Events, and a dedicated Train the Trainers area. Not to mention all new subject matter and sector specific resources including books, videos, podcasts and websites, **and** a quarterly newsletter keeping you updated on everything happening across the TIP.

[Find out more](#)

Useful Resources

We've recently published two new briefings. Briefing No. 9 addresses 'Research into Effective Parenting Programmes' and Briefing No. 10 examines 'Effective Support for Neurodivergent Young People in the Criminal Justice System'. Find Briefings, Reports and other important publications on the VRN website.

[See more](#)