



Trauma-Informed Training Programme For Leicester, Leicestershire and Rutland (LLR)

The Local Violence Reduction Network (VRN) has partnered with Barnardo's to design and deliver a Trauma-Informed Practice training programme which is **accessible and free** for partner organisations working in LLR.

ABOUT THE TRAINING

- ❖ Principally aimed at practitioners and managers working in Early Help settings including within local authorities, health, education and voluntary and community sectors. However, the content is relevant to anyone working with children, adults, families, and communities in any role.
- ❖ Delivered via Zoom and organised along the lines of localities (City, Rutland, and County Districts). If you're able please book a session in the area in which you predominantly work but **this is not essential.**

Tier 1: Introduction to ACEs and Trauma Informed Practice

Aim: To improve basic knowledge of childhood adversity and trauma and the way that this can impact upon behaviour and outcomes for CYP & families.

- ❖ Understand the research and how it informs our understanding
- ❖ Understand the potential impact of trauma including on behaviours
- ❖ Understand the impact working with trauma can have on professionals
- ❖ Start to understand what trauma-informed practice means

3-hour Webinar style session

Tier 2a: Developing Trauma Informed Practice

Aim: To take a deeper look into the different forms of trauma and how we can be trauma informed in our day-to-day roles.

- ❖ Explore a range of theories that can help us on our journey to a more trauma responsive approach
- ❖ Understand what trauma informed practice looks, sounds, and feels like, including use of language
- ❖ Understand how individuals and organisations can begin to build a trauma-informed culture

4 ¼ hrs session

Please note the links work best in Google Chrome.

March		April	
Tier 1	Tier 2	Tier 1	
16 th /23 rd 09:30 – 12:30 28 th 13:30 -16:30	11 th /16 th /28 th (09:30-13:45)	26 th 09:30 – 12:30	5 th /25 th /29 th 09:30 – 14:45

Book your place here



[For Rutland Tier 1: Introduction to Childhood Adversity & Trauma Informed Practice Tickets](#)

[For Rutland Tier 2A: Developing Trauma Informed Practice Tickets](#)

March		April	
Tier 1	Tier 2	Tier 1	Tier 2
11 th / 25 th 09:30 -12:30 15 th /17 th 21 st 13:30 – 16:30	10 th /11 th 14 th /17 th /18 th /21 st 24 th /19 th (09:30-14:45)	5 th 09:30 -12:30 6 th /7 th /27 th 13:30- 16:30	4 th /6 th /8 th 26 th /28 th (09:30-14:45)

Book your place here



[For Leicester City: An Introduction to Childhood Adversity & Trauma Informed Practice Tickets](#)

[For Leicester City Tier 2A: Developing Trauma Informed Practice Tickets](#)

COUNTY										
	Hinckley and Bosworth		Charnwood		Northwest		Melton and Harborough		Blaby, Oadby and Wigston	
	Tier 1	Tier 2	Tier 1	Tier 2	Tier 1	Tier 2	Tier 1	Tier 2	Tier 1	Tier 2
March	3 rd -09:30 7 th /11 th 13:30	17 ^t /21 st /25 th	9 th /28 th 09:30 1 st /16 th /23 rd 13:30	1 st /7 th 10 th /22 nd	2 nd /15 th 09:30	7 th /10 th /15 th 22 nd /23 rd	07 th 09:30	3 rd /14 th /18 th	9 th 13:30 17 th /21 st 09:30	3 rd /16 th
April		27 th	28 th		5 th /26 th		7 th	1 st	6 th /27 th	7 th

Hinckley and Bosworth

[For Hinckley and Bosworth Tier 1: An Introduction to Childhood Adversity & Trauma Informed Practice Tier1 Tickets](#)

[For Hinckley and Bosworth -Tier 2A: Developing Trauma Informed Practice Tickets](#)

Charnwood

[For Charnwood Tier 1: An Introduction to Childhood Adversity & Trauma Informed Practice Tickets](#)

[For Charnwood Tier 2A: Developing Trauma Informed Practice Tickets](#)

Northwest

[For Northwest Leicestershire Tier 1: An Introduction to Childhood Adversity & Trauma Informed Practice Tickets](#)

[For Northwest Leicestershire Tier 2A: Developing Trauma Informed Practice Tickets](#)

Melton and Harborough

[For Melton and Harborough Tier 1: An Introduction to Childhood Adversity & Trauma Informed Practice Tickets](#)

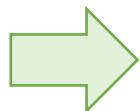
[For Melton and Harborough Tier 2A: Developing Trauma Informed Practice Tickets](#)

Blaby, Oadby and Wigston

[For Blaby Oadby and Wigston Tier 2A: Developing Trauma Informed Practice Tickets](#)

[For Blaby, Oadby & Wigston Tier 1: An Introduction to Childhood Adversity & Trauma Informed Practice Tickets](#)

Book your place here



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